



Friends of Peace Pilgrim

A Non-Profit, Tax-Exempt, All Volunteer Organization
P.O. Box 2207 ☞ Shelton, CT 06484 ☞ (203) 926-1581
www.peacepilgrim.org ☞ email: friends@peacepilgrim.org

Summer 2010

“Overcome evil with good, falsehood with truth, hatred with love” - Peace Pilgrim

Number 54



Friends of Peace Pilgrim gather in Atlantic City for the Atlantic County Women’s Hall of Fame ceremony. Colby Tippins, Hazel Mueller, Helene Young (Peace Pilgrim’s sister), Bruce Nichols, Barbara Reynolds, Doug Dickinson

Dear Friends of Peace Pilgrim

It is only two weeks until the official start of summer. Here in Connecticut, the world is a lush green garden spread out across old New England hills. The forests have closed behind curtains of leaves and wildflowers now adorn the fields of the rural parts of our landscape. Fireflies have begun to compete with the stars in the restful darkness that wraps the world after sunset.

If you have been a long-time reader of our newsletter, you have probably been wondering if somehow a recent edition got lost in the mail. It has been a while since Number 53 went out last September. As editor, I can tell you that the responsibility has been all mine. I’ve had a few phone calls and an email or two inquiring about the next issue. Here it is, along with my apology for taking so long to get it to you. We will try to get back on a three-a-year schedule so you can keep up to date with happenings at Friends of Peace Pilgrim.

Another place you can now do that is on Facebook. Friends of Peace Pilgrim continues to embrace new technology. And Facebook has become one of those

outlets. If you are already a Facebook member, just type Friends of Peace Pilgrim into the search box and join over 1000 others who follow us there.

Quite a bit has been going on. We recently ordered another printing of our compact book. This brings our total printings of Peace Pilgrim: Her Life and Work in Her own words to over 450,000.

In March, Peace Pilgrim was posthumously inducted into the Atlantic County Women’s Hall of Fame. Her sister Helene Young was at the awards ceremony to accept on behalf of Peace. You can read more about the event on page 2.

In July Egg Harbor City will host the third annual Birthday Celebration for Peace Pilgrim. July 18 will mark the 102nd anniversary of her birth. If you are in the neighborhood, please join us for three days of peace and friendship.

In peace and friendship,
Bruce Nichols

Cheryl Canfield, Jeff Blom, Richard Polese,
Mayte Picco-Kline, Barbara Reynolds
The Friends of Peace Pilgrim Board

Atlantic County Women's Hall of Fame

By Bruce Nichols

On a cool March evening, it seemed a bit odd to be walking amidst all the flashing lights and raucous bells of the slot machines in the Trump Marina Casino as waitresses scurried around serving drinks to the coin dropping patrons. Especially since the journey to this Mecca of glitz and gambling had been motivated by Peace Pilgrim. Well, not directly by Peace Pilgrim, but as a result of her impact on the hearts and minds of the organizers of the Atlantic County Women's Hall of Fame. Peace was being inducted posthumously.

I arrived with Peace Pilgrim's sister, Helene Young who would accept the award on Peace's behalf, and Friends of Peace Pilgrim board member Barbara Reynolds, who has played an important role in raising awareness of Peace Pilgrim in her home state. After negotiating the bright mayhem of the casino, we found our way to a much quieter waiting area where the other nominees were assembling before the evening's event. The ceremony was held in a grand ballroom where we joined a few other friends from Egg Harbor City that had also come to the event.

Elegant tables set with fruit and hors d'oeuvre were waiting when we entered. There was a grand ice sculpture and, later, a full dinner was part of the evening. Several hundred well-dressed people were in attendance and, as I looked around, I wondered what Peace, who had lived so simply, would have thought of the spectacle.

The award is presented to, "women who have made outstanding achievements and significant contributions in their professional field, to women's and girl's causes, or in community endeavors; to motivate and inspire young women to expand their horizons and fulfill their goals."

Candidates are selected on the following basis: "1. A woman whose contribution has enhanced the lives of other women. 2. A woman who, through her work and commitment, has 'cleared the path' for other women to follow."

We certainly agree that Peace met these criteria – and what a path she cleared during her 28 years on the pilgrimage.

Come to Egg Harbor City

July 16-18 marks the third annual Peace Pilgrim Birthday Celebration in Egg Harbor City, NJ, Peace's hometown. There are events scheduled for each day. Here is a quick overview:

Listen - 7 p.m., July 16, 2010
Concert featuring flutist Pamela Whitman; folk singer Pat Lamanna to open. Zion Lutheran Church

Walk - 9 a.m., July 17, 2010
2-Mile Intergenerational Walk for Peace, Peace Pilgrim Park

Learn -11 a.m., July 17, 2010
Educational Program about Peace Pilgrim, City Hall

Picnic - 4 p.m., July 17, 2010

Old Fashioned Pot Luck Picnic with entertainment, Peace Pilgrim Park

Pray - 10 a.m., July 18, 2010

Joint Unitarian/Quaker Spiritual Service, Unitarian Universalist Church, Galloway Township

More information at www.peacepilgrim100.org

Remembering Gail Muskavitch

By Jeff Blom

We have just learned of the passing of our dear friend Gail Muskavitch, at the age of 106! She was a long time benefactor of the Peace Pilgrim work, who made possible a number of our projects and helped with others, including sending a hard bound Peace Pilgrim book to all of the public libraries in America, the creation of the American Sage video documentary and other efforts.

I first met Gail Muskavitch in 1987, when Ann Rush asked me to visit her, because she expressed an interest in contributing to making Peace Pilgrim's example and message more widely available. Gail and her husband lived a somewhat secluded existence on their extensive property in Northern California. I came to appreciate her great inner serenity, always evident even in mundane conversations. Her mind was always crystal clear, even after her age passed the hundred mark.

Gail felt a resonance with saints and spiritually great men and women -- like with Peace Pilgrim but with others also -- her library had many books on their lives and writings. She was especially inspired by Swami Paramananda, an Indian monk in the line of the Indian sage Ramakrishna and a direct disciple of the well-known Vivekananda.

Strangely enough, she was introduced to the Ramakrishna line of saints and later indirectly to Peace Pilgrim through a book, *Bridge of Dreams*, that she found in the new book section of her public library. The author happened to grow up directly across the street from me in New Jersey -- but that is another story.

In her early years Gail had been a pioneer woman announcer on the radio and told stories of dropping flowers out of an airplane onto a parade in Dallas as part of her radio work. Even after passing her 100th birthday, she was doing volunteer work for Friends of Peace Pilgrim from her Auburn, California home, writing letters to prisoners and putting address labels on our newsletters.

It was a privilege and an inspiration to know Gail and we are thankful for her contributions to the Peace Pilgrim work -- and for the gift of the presence of her wonderful soul.

After several years of unavailability, our children's coloring book is soon to be in print again. The new edition will include the same drawings as the original but the text will now be in both English and Spanish. The publication will also have a new title, "Peace Pilgrim, A True Story For Young People." An announcement will be made on our website and Facebook page when copies are ready for distribution.

Peace Pilgrim, You Are Still Walking

by Naomi Shihab Nye – award winning writer and poet.

Naomi met Peace Pilgrim as a young woman. Her parents hosted Peace when she was visiting in their community. Naomi's mom, Miriam Shihab, knew Peace Pilgrim for decades and was among the friends who attended the memorial gathering held at the Santa Fe, New Mexico home of board member Richard Polese in 1982. It was out of this gathering that the five compilers of our book began their inspired work.

Peace Pilgrim, you are still walking
on the long roads, late at night. So many years
after you died, you're not off the hook, you're keeping
the pace, swinging your strong arms.
Who among us found a clearer way?
I shall not accept more than I need
while others in the world have less than they need.
We can work on inner peace and world peace
at the same time. Little people of the world,
may we never feel helpless again.
I marveled at your many-layered pinecone heart
and 3 possessions: toothbrush, postage stamps, comb.
Walk till given shelter, fast till given food.
Still, you're starting before dawn,
pausing at a roped-off trail that says,
THIS IS NO LONGER A FOOTPATH,
shaking your head. I'm sorry you can't rest yet.
One day I woke thinking, it's good you're dead.
We're still fools in a world of war.
Then I recalled the navy canvas of your suit,
how it always felt fresh, not tired.
We listened as hard as we could. What can't we learn?
I would establish a peace department in our government.
Under the swollen orange moon.
On the rim of the sad city, in a cardboard box under the
overpass,
you held the calm and the strong conviction.
Oh Peace. Dear Peace.
Don't give up on us. Don't leave us stranded, please.

From **You & Yours**, BOA Editions Ltd., Rochester, NY.

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An excerpt from Naomi's essay "Maintenance"

I also thought of another friend of my parents, Peace Pilgrim, who walked across the United States for years, lecturing about inner peace and world peace. A single broad pocket in her tunic contained all her worldly possessions: a toothbrush, a few postage stamps, a ballpoint pen. She had no bank account behind her and nothing in storage. Her motto was, "I walk till given shelter, I fast till given food." My father used to call her a freeloader behind her back, but my mother recognized a prophet when she saw one. I grappled with the details. How would it help humanity if I slept in a cardboard box under a bridge?

Peace told a story about a woman who worked hard so she could afford a certain style of furniture – French provincial, I think. She struggled to pay for insurance to protect it and rooms large enough to house it. She worked so much she hardly ever got to sit on it. "Then her life was over. And what kind of life was that?"

Peace Pilgrim lived so deliberately she didn't even have colds. Shortly before her death in a car accident – for years she hadn't even ridden in cars – she sat on the foldout bed in our living room, hugging her knees. I was grown by then, but all our furniture still came from thrift stores. She invited me to play the piano and sing for her, which I did, as she stared calmly around the room. "I loved to sing as a child," she said. "It is nice to have a piano."

From **Never in a Hurry: Essays on People and Places**, University of South Carolina Press, Columbia, SC.

Another Peace Pilgrim Song with a Pete Seeger Twist

by Pat Lamanna



So I'm at the weekly peace vigil at the corner of Routes 9 and 9D in Poughkeepsie, NY, and Pete Seeger is there. It's about 1:40 in the afternoon and our practice has generally been to vigil from noon to 2 p.m.,

then sing a couple of songs, then break down all the signs and banners and flags and so forth and leave. But here it was 1:40 and Pete said, "Pat, go get your guitar!" So I did, and the first song we sang, at my request, was "My Rainbow Race." Then I think we did a couple of others, and then I did "Peace Pilgrim," which Pete always asks for. When we finished it, Pete said, "You know, you could write another verse to that song. Something like...though Peace Pilgrim ate her last meal thirty four years ago, her spirit is standing with us on this corner...something like that."

Well, I was going to play that song that very evening, February 20, at the Hudson Valley Folk Guild, so I thought I'd better make up another verse pretty quick. By the time I got home, I had it. I tweaked it a tiny bit since then, but here's the new version:

*As we stand here on this corner,
in sun and rain and snow.
We remember Peace Pilgrim
and her words of long ago.
Though her spirit flew to freedom in 1981,
She's standing here beside us
as our prayers for peace are sung.*

Pete hasn't heard it yet. I'm looking forward to singing it for him, hopefully sometime soon. He told us he wouldn't be at the peace vigil this Saturday (I guess today, that is), but maybe next week. Or maybe at the Beacon Sloop Club this Friday.

Pat has been singing and vigiling for peace for many years. She will be joining us at the Peace Pilgrim Birthday Celebration in Egg Harbor City, NJ on July 16 – 18 sharing her love for peace and music. We hope you can stop by, enjoy the celebration, and hear Pat sing her Peace Pilgrim song.

Steps toward Inner Peace in Korean!

By Mayte Picco-Kline

Early this year our friend, Harry Ha decided it was time to have "Steps" into his native language, Korean and thanks to his activity in the following months after discovering the Peace Pilgrim materials it is now possible to download a pdf file from the Peace Pilgrim website.



Harry (Hyon Ki Ha) immigrated to Canada in 1970 and now lives in Toronto. He was inspired to do this work by his son, who gave him the Peace Pilgrim book in January 2009 and he read Steps toward Inner Peace on our website. This is his first translation ever and Harry reports that it was very difficult at the beginning.

He says, "When I first read the Peace Pilgrim book and Steps I was deeply moved. I thanked my son and decided to put the Peace Pilgrim Book on top of all other books. Some years ago, I sent my Christmas card with a picture of a beautiful bird perched on a tree branch in an idyllic white snow background and read "Peace". I thought the most urgent message now is Peace."

Translations on our website

Thanks to the diligent efforts of Bob Kline, husband of Mayte, we now have the *Steps Toward Inner Peace* booklet available on our website in twenty-five languages. Bob carefully scanned many of the booklets that have been sent to us over the years, and converted them into pdf files that can be downloaded. Here are the languages now offered in this format:

Arabic, Bulgarian, Chinese, Croatian, Danish, Dutch, English, Finnish, French, German, Gujarati, Hebrew, Hindi, Italian, Japanese, Kannada, Korean, Nepali, Norwegian, Portuguese, Russian, Spanish, Swedish, Tamil, and Ukrainian.

Versions of our book, *Peace Pilgrim: Her Life and Work In Her Own Words* are available in:

English, French, German, Italian, Portuguese, and Spanish.

We currently have several people around the world working on additional translations. If you are interested in translating *Steps* or our book into your native tongue, please contact Mayte Picco-Kline at maytepk@solarm.net.

Also, thanks to the work of our friend, Miles Odonnell, in Taiwan, our DVD, *Peace Pilgrim Interviews*, includes subtitles in English, Chinese, Spanish, Russian, Portuguese, and French. Amazing!

On The Road

We often hear of others who have taken to the road on foot. Some are on personal journeys of faith and self-discovery. Others are walking for causes. Most have a profound desire to bring more peace into their own lives and also into the world. Here are two that may inspire you.

Zach Bonner

Zach is twelve years old. In 2005 at the age of eight, he started the Little Red Wagon Foundation in response to children made homeless by hurricane Katrina. Pulling a little red wagon behind him he went from door to door collecting donations for Katrina relief. One of Zach's projects has been to make backpacks for homeless and street kids filled with food and supplies. He has prepared over 2000 of these so far. After learning about and being inspired by Peace Pilgrim's story, Zach decided that he also would walk for his cause. In 2007 Zach walked 280 miles from Tampa to the Florida state capital of Tallahassee to bring attention to the first National Homeless Youth Awareness Month. Subsequent walks took him from Tampa to Atlanta and last year from Atlanta to Washington, DC.

This year Zach has taken on an even bigger project – walking 2478 miles across the country from Tampa, FL to Los Angeles, CA. Zach began his journey on December 25th, 2009 and is currently at the half-way point in central Texas. He has chosen a southern route across New Mexico and Arizona that promises to be very hot as the summer progresses. So if you are in that part of the country, be on the lookout and lend your support. You can learn more about Zach by visiting the website – www.littleredwagonfoundation.com. Click on the Zachtracker link and see where Zach is currently walking.

As this is being written, Zach is off the road for a few days and on the set of a major motion picture being filmed about his life. The producers recently contacted Friends of Peace Pilgrim to get some information about Peace Pilgrim to include in the movie. You may be seeing some short clips of Peace walking across the silver screen in a theater near you soon.

Jean Béliveau

We have added updates on Jean's walk in previous newsletters. He began walking around the world on August 18, 2000 starting in his hometown, Montreal, Quebec. After 10 years and over 25,000 miles, Jean is about a year away from completing his circumambulation. He is currently walking across Australia, where he will be till October. From there Jean will walk across New Zealand, returning to western Canada in early 2011 to finish his pilgrimage back to Montreal. Like Zach, Jean's walk is to raise awareness of the needs of the children of our world. His goal is to walk around the planet to promote "Peace and non-violence for the profit of the children of the world". His incredible experiences on this monumental journey are documented in words and pictures at www.wwwalk.org.

Letters and Email

Dear Friends,

I am right now enjoying writing this message to you while listening to Peace Pilgrim talk at a Unity church on the mp3 files you sent me. I love her and the great stories she is telling us. They are uplifting and I am feeling a very special connection to her. I wish that I might be able to step out and teach as she did. Through her, I am doing just that. Thanks to you I am realizing goodness and divine love. I am shocked to hear her talking about healing people by showing them the way they thought and/or felt. This is an important lesson and I am thrilled with the message and the messenger.

In all truth, I am holding out my heart to her now and sharing love of life with her. She was taken from us far too soon.

At the end of these mp3 files are songs and I am enjoying her enormous talent. I heard a song that Don had sung and she had written. I am going to listen to it again and write the words out. They are really beautiful and I want to be able to enjoy them over and over again.

Thanks for all of these many hours of joy! I am going to be listening to her teaching, and growing from her philosophy. She is talking about universal energy right now, and as you see in my signature, I talk about Lovenergy. I've written two books I hope to publish, and they are both about this lovenergy which I shower upon you and yours right now.

Lovenergy, Joe

Note: mp3 files of Peace Pilgrim's talks can be found on our website at <http://www.peacepilgrim.org/audio.htm>

Sharing Peace Pilgrim's Message

A friend sent us this letter received after sharing Peace's message:

Hi Dani,

It was so nice seeing you today, always is. After every time we meet something miraculous always occurs, something that gives deep meaningful insight, something that seems to shape my life.

A long while ago you gave me a book called Peace Pilgrim; you've spoken of it to me many times. I'll be honest I read the back and left it at that, it's terrible of me. You gave me a gift and I just looked over it. Today you mentioned it and during some work tonight, something inside me called me to it. I searched around for the book and have since been reading it the past two hours. I realize though that had I read this book when you gave it to me, I would have been confused and not able to understand it. I feel it called to me at the right moment.

So I was reading the beginning, since that's where one starts, and I just feel this deep connection with this book. It's almost as if I'm reading about my own life and my current journey. I feel so many connections to what she

is writing about, and everything she writes is truth - it feels truth.

I feel as if I'm reading about you and your journey - your life, your love, your oneness with the world. You have the right attitude, the right motivation, the right health, and the right thought. You truly do, I see and feel it. You are a truly amazing individual Dani, and your spiritual work will lead you to inner peace. One morning you will wake up - you will know. :)

So, I just realized a couple things, from reading just the beginning of the book and even from writing this about what my true purpose is. I keep having this recurring vision in my head seeing myself dressed in blue and sitting upon a hill at peace. My love is to teach and lucky me I got a degree in music education! But I realize that's not my calling, it's not music. Music has always been a part of my life and I've been good at it, but I haven't always enjoyed it. Music is a vehicle to my true purpose: helping people to see their own inner light.

Love, Ryan

From a friend in Maryland

Since October 2009 I have been teaching meditation to inmates, male and female, at my local Detention Center or jail. Previously I made the Steps booklet available but didn't integrate it into my curriculum. I have a full curriculum and I would slide it in.

In my last request I asked for the DVD on Peace Pilgrim and experimented with showing it in the sixth and last class of the series. It has been a wonderful addition to my program (called The Kindness Project). For the sixth class the theme is "spreading Metta" and the story of Peace Pilgrim sums up all that my classes are about. I stress acts of kindness and love to counter the negative atmosphere so often run into in jail. Peace Pilgrim's edict of how to overcome evil, falsehood, and hatred are exactly the lesson of canceling the negative with the positive that I preach. The themes of my program are self-discipline, honesty, and kindness and they are right there before them, modeled by Peace Pilgrim.

I gave each person the booklet at the beginning of the film and when the narrative is about mailing out the booklet, they all pull out their own booklets. I've encouraged each inmate to write for his/her own copy of Peace Pilgrim. An inmate who signed out my one copy of Peace Pilgrim lent it to a buddy in his housing unit. He told me a few days ago that it is transforming that person who keeps coming back to ask more and more about the book as he reads and absorbs and is changed.

So now I am making Peace Pilgrim the perfect closure to each six-week series of classes. I also admit to my students how much Peace Pilgrim has imbued me with my own ethic to serve and how to bring world peace by cultivating it in individuals first. I hadn't realized this until the DVD arrived and I previewed it. I love how it has testimonies by Dan Millman, Maya Angelou, and Dennis Weaver.

So that's how Peace Pilgrim is still doing her work.

Sincerely, JoAnna

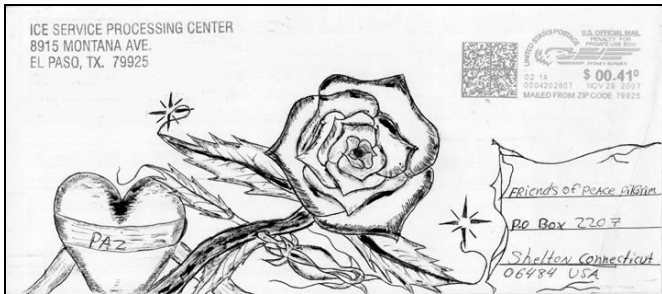
More Letters and Email

From a prisoner in Maryland:

To: A friend somewhere out there,

I am writing to you in search of peace and wisdom from within. I was given this address by a friend I do not know. This person spoke very highly of you. He said that this address and whoever is there could help me with tools and books. I am in great need of books to carry out to prison. I am currently awaiting trial in a county detention center on a charge of first-degree burglary. I am facing fifteen to twenty and back up from my last stretch. I am nineteen years old and major mistakes have been taking place in my life since 1999. Eleven years later I find myself on a very special journey. Please know that I can only accept your books as gifts since I cannot make a donation. All is greatly appreciated from deep within. I send my love and peace through prayer.

Your friend, Victor



We often get requests from prisoners that arrive in beautifully decorated envelopes. This one came from someone awaiting deportation at the Immigration and Customs Enforcement Processing Center in El Paso, Texas.

From a prisoner in Alabama:

It's been a year since I've written, but I have not forgotten the encouragement and spiritual enriching literature that you provided me last summer. Yes, I'm still incarcerated (in the physical realm), but I am scheduled for release in the coming year.

Over the course of this journey, I have been transferred from two institutions and wasn't able to carry my books with me. Any and all materials will be much appreciated and well read. It is truly our duty to carry the torch Peace Pilgrim once carried. Without love, kindness, and charity where would the world be today? Her literature has certainly helped me to keep my sanity in such a treacherous environment and a hostile and selfish world.

Thank you for your assistance in this storm. May you continue to be blessed as the Sunlight of the Spirit shines bright on the friends of Peace Pilgrim.

Peace, Odin

From Colorado

Dear Friends of Peace Pilgrim,

I can't tell you how the Steps Toward Inner Peace booklet and the Peace Pilgrim book and the DVD have changed my life! I already was on the spiritual path, but Peace's work has been such an inspiration of commitment and inner strength that has given me even higher hope! How this one woman knew and lived so much in a time where not many others were awake is amazing to me.

Thank you so much for sending me the multiple copies of the little blue book and the big blue books. Our book group is still using the little one, because it is such a perfect condensed and simple guide – so like Peace.

Then we are using the bigger book as a supplement to it. Our first meeting we had seven and there were five or six who had wanted to come but couldn't the first time. The insights that came were energizing! We will continue meeting four times total over the next eight weeks.

Thank you for all you continue to do for Peace Pilgrim's mission.

Many blessings, Julie

As Julie points out, sharing the reading of Steps Toward Inner Peace and Peace Pilgrim: Her Life and Work In Her Own Words with others can be a powerfully transformative experience. Peace, herself, encouraged people to get together to study and share experiences of peace and then reach out to help others. Starting a book study group in your area is one way to "keep the pilgrimage going" and introduce others to her life-changing message. Let us know if you need multiple copies of either publication. We are happy to send them.

You can also get involved with an online Peace Pilgrim book study. Our friends in Egg Harbor City are reading the book in conjunction with this year's Birthday Celebration. You can join them online at www.peacepilgrim100.org. Click on the "Book" link.

Dear Friends of Peace Pilgrim,

I would like to ask you for two copies of the book of Peace Pilgrim and three of the little booklets. Peace Pilgrim is and remains one of the most inspiring people I have ever "met". She has a heart that is filled with God and such a clear mind. Every time I read her book it clarifies my mind, it washes worries away and it gives me new strength and inspiration for my own life. Thank you so much for the work you are doing!

Warm greetings, Annemarie

“The secret of life is being of service.” *Peace Pilgrim*

Offerings from Friends of Peace Pilgrim

Dear Friends of Peace Pilgrim: Here are publications we offer freely to all who ask. Many of our friends inquire about sending a donation. These are always welcome but are not necessary to receive our offerings. Friends of Peace Pilgrim is an all-volunteer 501(c)(3) non-profit organization. Donations and bequests are tax-deductible. All money goes directly to our work, helping us to continue producing and distributing materials to all who ask.

PUBLICATIONS

PEACE PILGRIM: Her Life and Work in Her Own Words (Standard Edition), 224 pages. Compiled by five of her friends after her transition in 1981.

PEACE PILGRIM (Compact Edition), 224 pages. This book is the same as the Standard Edition except smaller.

PEREGRINA DE PAZ: Su Vida Y Obra en Sus Propias Palabras 216 pages. (Spanish edition of *Peace Pilgrim*)

STEPS TOWARD INNER PEACE 32 pages. Peace Pilgrim relates her own steps toward inner peace and gives ideas for working for world peace.

(*Steps Toward Inner Peace* is also available in Spanish, Chinese, Arabic, and Hebrew. It is also available on audio cassette. Please call or write for information.)

PEACE PILGRIM, An Extraordinary Life by Ann Rush, 16 pages. Peace Pilgrim's life is traced from her ordinary beginnings through a transformation to a life of unusual commitment.

AUDIO CASSETTES

CAMPBELL HOUSE, 1959 (90 minutes). A talk that is representative of her message. It also has a brief radio interview the day before she died.

SALT LAKE CITY, 1955 (60 minutes). Recorded two years after her pilgrimage began. A gentle talk to a small group in a friend's home. Sue Millard, sings a song composed by Peace Pilgrim.

DALLAS CHURCHES, 1979 (60 minutes). Two talks representative of her vigor, joy, and audience rapport. It also has a song composed by Peace Pilgrim, sung by Don Wittig, and Peace Pilgrim's energizing song, "The Fountain of Love."

PEACE PILGRIM'S SPIRITUAL GROWTH (67 minutes). The sound track of the first hour of the "Speaking to a College Class" video. At the end of Side B, Peace Pilgrim relates one of her prison experiences.

MORE AUDIO

STEPS TOWARD INNER PEACE. Our little booklet in its entirety on audiotape! Narrated by Ann Rush.

DVD VIDEO

PEACE PILGRIM INTERVIEWS DVD – Includes a short TV program from *PM Magazine*, a 25-minute interview for WIFR-TV in Rockford, Illinois, a 30-minute interview at Pensacola Junior College, and our 24-minute Highlights video. This DVD is subtitled in English, Spanish, Chinese, Russian, Portuguese, and French. It also includes a wealth of DVD-ROM extras in PDF format and in several languages.

PEACE PILGRIM LECTURES DVD – This disk contains over three hours of video including talks given to students at California State University, a question and answer session with students at the University of Georgia, the Pensacola Junior College Interview, and the *PM Magazine* profile.

PEACE PILGRIM DOCUMENTARIES DVD – All of our documentaries are now bundled onto one DVD disk. Included are: both English and Spanish versions of *PEACE PILGRIM: An American Sage Who Walked Her Talk* (one hour). A professional quality documentary film, about Peace Pilgrim's life with much new historical footage and interviews, introductions to the "Sage" documentary in English and Spanish, and *THE SPIRIT OF PEACE*. (71 minutes) an earlier documentary featuring interviews with those who knew Peace Pilgrim and those who were inspired by her message.

We have discontinued our VHS videos but will continue to make them available until supplies are exhausted. Please contact us about availability. The "American Sage" VHS is out of stock.

OUR NEWSLETTER – To be added or removed from our newsletter mailing list, please contact us at the address below. All of our past newsletters as well as the *Peace Pilgrim's Progress* newsletters sent by Peace Pilgrim during the years of her pilgrimage, and the newsletter *Travesia en Paz (Peaceful Journey)* in Spanish and English are available on our website. You can access them at:

<http://www.peacepilgrim.org/news/index.htm>

Send Requests to:

**Friends of Peace Pilgrim, PO Box 2207, Shelton, CT 06484
or call (203) 926-1581 or email: friends@peacepilgrim.org**

“From all the things you read, and from all the people you meet, take what is good and leave the rest. For guidance and for truth it is much better to look for the Source through your own inner teacher than to look to people or books. Only if something within you says, "This is the truth. This is for me," does it become a part of your experience.”

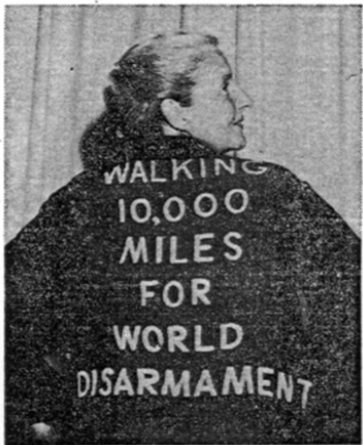
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in Her Own Words - Page 130*

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PILGRIM HAS WALKED 10,000 MILES FOR PEACE

AN ANONYMOUS ‘PEACE PILGRIM’

**She Wanders From Dawn Till Night
Waging Her Own Idealistic Fight**

St Petersburg Times – Dec. 23, 1956

Have you ever tried walking 10,000 miles for an ideal? A frail, grey haired woman has.

The woman, who calls herself Peace Pilgrim, began her pilgrimage four years ago in Los Angeles, Calif.

Since then she has completed 10,000 miles walking zigzag across the country.

Her purpose? To remain a wanderer “until mankind has found the way to peace and brotherhood.”

The Peace Pilgrim does not want to reveal her name or tell what made her decide to go on her tour.

“It’s a calling,” she says, “like some people are called to be ministers.”

In a desperate search for a meaningful way of life, the petite wanderer took a vow of simplicity. She does not want to possess more than she needs, while others still need the essentials of life.

Through her hike, “undertaken on foot and on faith,” she hopes to inspire people to actively work for peace.

“World peace is not impossible,” she believes. “It will come about, if only for the sake of preservation.”

She expects to see world disarmament and world peace in her lifetime.

Her blue outfit has the words “Peace Pilgrim” and “Walking 10,000 Miles for World Disarmament” written across it in large white letters.

Although she has completed 10,000 miles, she does not intend to stop walking.

“Walking gives me an opportunity to meet people and talk to them about the need to work for peace,” she explains.

On her travels, during which she has visited every state in the Union as well as Mexico and Canada, she has worn out 24 pairs of shoes.

Except for the clothes she wears, her belongings consist of a toothbrush, comb, pencil, and newspaper clippings, she declares.

Although she has slept on cement floors, in barns and even under the stars, she usually finds someone to offer her hospitality for the night.

She hopes to stay a few days in St. Petersburg with friends.

“But on Christmas Day,” she smiles, “I’ll be on my way again.”